CAMP MANITOU PACKING GUIDE

GENERAL INSTRUCTIONS

- All items must be packed in one or two duffel bags weighing no more than 40 lbs. It is impossible for us to carry your child's duffel if it weighs more than this. No trunks or suitcases are permitted.
- We suggest one bag should hold all bedding, shoes and miscellaneous equipment, the other should hold all folded clothing. You may also want to pack a small "backpack" with odds & ends that can be carried on the bus.
- Remember that any item "too good" to travel in a duffel bag shouldn't be at camp in the first place. Clothing can also be misplaced or lost in a laundry bag. Please pack accordingly.
- Laundry bags are not required as we supply one for each camper for use with our laundry service.
- Label each item so that it can be returned to you if lost and found. You can order a stamp from www.tstrubberstamp.com or stick on labels (e.g. for water bottles, flashlights) at www.mabelslabels.com or www.oliverslabels.com

THE BASICS

(with maximum requirements based on 3, 4, 7-week session. Short sessions may adjust numbers if not staying on)

CLOTHING:

- ❍ 12 t-shirts (short sleeved)
- ❍ 4 long sleeved t-shirts
- ❍ 3 warmer long sleeved sweatshirts
- ❍ 6 pairs of shorts
- ❍ 4 pairs long pants (jeans or sweatpants)
- ❍ 12 pairs underwear
- ❍ 12 pairs of socks
- ❍ 4 swimsuits
- ❍ 3 pairs pajamas (warm and light)
- ❍ 3 sun hats
- ❍ 2 sneakers/running/cross trainer shoes
- ❍ 1 pair rubber boots or hiking boots
- ❍ 1 pair water shoes (optional)
- ❍ 1 pair of sandals
- ❍ 1 lightweight jacket
- ❍ 1 warm jacket (or light ski jacket)
- ❍ 1 raincoat
- ❍ 2 plain white t-shirts
  (for silk-screening during camp programs)

BEDDING:

- ❍ 4 sheets (2 flat, 2 fitted single bed)
- ❍ 2 warm blankets, and/or comforter
- ❍ 2 pillowcases
- ❍ 1 pillow
- ❍ 1 **sleeping bag** for canoe trips and last night

TOILETRIES:

- ❍ 6 towels (for showers and swimming)
- ❍ 2 small hand towels
- ❍ 1 toothbrush
- ❍ 1 tube of toothpaste
- ❍ 1 bottle of body wash or 2 bars of soap
- ❍ 1 bottle of shampoo
- ❍ 1 hairbrush (or comb)
- ❍ 1 soap container
- ❍ 1 toiletry case
- ❍ 1 large box of tissue
- ❍ 1 bottle of sun tan lotion
- ❍ 1 stick of deodorant
- ❍ 1 bottle of hand sanitizer

MISCELLANEOUS:

- ❍ disposable masks
- ❍ 1 flashlight and or lantern (for night time)
- ❍ 1 bottle mosquito repellent
- ❍ letter writing materials, dark blue/black pens for outgoing mail, stamps
- ❍ 1 water bottle
- ❍ 1 fun costume (for Halloween or special events)
- ❍ fanny pack or lanyard for masks
- ❍ 1 shoe bag (to hold sundry items, not shoes)
- ❍ mesh laundry bags to hold socks/underwear
- ❍ 1 blue, yellow, green and red shirt
  (1st session camp wide program – include these in short-sleeve t-shirt total)

SPECIAL CLOTHING & EQUIPMENT

In most cases, camp will supply equipment for activities as needed. The following are activities where specific items are often required to especially if campers are participating at a higher level:

- **Baseball:** Baseball glove
- **Canoe Tripping:** Sleeping bag, water shoes optional (not CROCS), and life jacket (for long trips).
- **Dance:** Dance shoes (ballet or jazz slippers, or tap shoes). Dance pants optional.
- **In-Line Hockey:** Roller blades and helmet with full-face shield (cage). We supply pads and sticks.
- **Photography:** A digital camera can be brought to camp but expensive items are discouraged, as items can be lost.
- **Rock/Guitar:** We supply instruments and amps.
- **Tennis:** Tennis shoes (could be second pair of shoes in clothing list) and racquet.
- **Water sports:** Life jackets are optional to bring (but mandatory to wear, so your own may be more comfortable if wearing one regularly).

WHAT NOT TO BRING

Please remember that the following items are NOT ALLOWED in camp and may be confiscated if packed (and donated to charity)

- **Cell Phones, ALL Smartphones, Apple Watch, even without a SIM card**
- **MP3 PLAYERS WITH SCREENS** - exception is basic mp3, ipod shuffle, ipod nano
- Money (or poker chips etc), Any valuables should go directly to the camp office.
- Laptops, iPads, DVD players, E-Readers, video recorders, Gameboys, PSPs or other video game devices
- Hot pots, kettles, hair straighteners, hair dryers, electric fans or any small plug-in appliances
- Walkie-talkies or other portable communication devices
- Bottled Water, snacks, candy, or other food for the cabin (and absolutely no food with nuts)
- Portable shelving, Furniture (including folding chairs), large equipment (skateboards, bikes).
- Knives, duct tape or similar maintenance supplies
- Lighters, slow burning items (incense, mosquito coils), fireworks, smoke bombs (or an similar “fun tricks”)
- Food – No food will be permitted. The only exception is the first night of camp. All food is then confiscated. This is especially important for food with nuts as we are a nut free facility.

MP3 PLAYERS: We allow only basic mp3 players, iPod Shuffles and iPod Nanos at camp for music to play in the cabin during quiet times. An mp3 player that is used to watch a video, text, browse or communicate will be confiscated and not returned. The camper will be sent home for the summer.

SHOULD I SEND MONEY?

Campers do not need money at camp. If campers are travelling through the airport, you may wish to send some emergency money, but make sure your child understands that it should be given to the staff at the airport with travel documents to be kept in the office while they are at camp. **If your child brings cash to camp we are not responsible for it being lost or stolen.**