

# PACKING GUIDELINES

## HOW TO PACK FOR CAMP

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Space to store luggage on the bus or in cabins is **EXTREMELY LIMITED**. **ONE OR TWO LARGE DUFFEL BAGS** must be used in packing your belongings (i.e. Hockey Bags), **NO TRUNKS OR SUITCASES ARE PERMITTED!** Clothing “too good” to be packed in a duffel bag should not be at camp in the first place. One bag should hold all bedding shoes and miscellaneous equipment. The other should hold all folded clothing. You may also want to pack a small backpack with odds & ends that can be carried on the bus. All counsellors will not be settled into their actual cabins until part way through pre-camp so packing 3-4 days’ worth of clothing in a small bag is a good idea.

## IMPORTANT NOTES

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**DO NOT PACK** hair straighteners, fans, hot pots, extension cords and other electronic devices, as they will not be permitted in any cabin as they can pose a hazard in our cabins. Please read our **Technology Memo** to be sure you are aware of all policies relating to electronics at camp. Also, bikes are not permitted by staff and will be confiscated if brought into camp.

**DO PACK** an alarm clock or clock radio and bring a watch. The radio will help you tune into events or the morning show on “The Moose” 92.3 FM, and because cell phones must stay hidden, the alarm and watch are a more old-fashioned device to get you up in the morning and keep track of time during the day!

## OTHER FUN PIECES

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You may have several opportunities to get dressed up in crazy clothing or costumes this summer! One Manitou tradition is to get dressed up in costumes on camper arrival day. The goal is to have all staff looking fun and silly on main field as the buses roll in. It’s a sight to see! We also have various theme days and our annual Halloween Night. You may want to pack some beads, string, funky nail polish, a football, frisbee, hacky-sacs, board games, storybooks or other small games or activities. Of course there are lots of resources available up at camp too, but it never hurts to have a small stash of your own.

## PACKING LIST

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Listed below is a **GUIDELINE** rather than a strict packing list. Many will make substitutions based on personal taste, comfort and requirements pertaining to an activity area. Also think about how often you’ll be doing laundry. The camp service is once each week; therefore packing what you will need to wear for 7 to 8 days is about right.

### GENERAL CLOTHING

Short sleeve t-shirts/tanks  
Long sleeve t-shirts  
Warmer long sleeved sweatshirt  
Shorts  
Long pants (jeans or khakis)  
Sweatpants  
Socks and Underwear  
Swimsuits  
Pajamas  
Sun hats  
Sneakers/Running Shoes  
Sandals/Flip-Flops  
Rubber boots or hiking boots  
Lightweight Jacket/Raincoat  
Warm jacket

### TOILETRIES

Towels (showers/swimming)  
Hand towels  
Toothbrush  
Toothpaste  
Soap/Body Wash  
Shampoo and Conditioner  
Hairbrush/Comb  
Deodorant  
Toiletry case  
Box of tissue  
Sunscreen  
Bug Repellent

### BEDDING

Sleeping bag (canoe trips/ sleep outs)  
Sheets (2 flat, 2 fitted single bed)  
Warm blankets and/or comforter  
Pillowcases  
Pillow

### MISCELLANEOUS

Sport goggles for MHL  
Fun costume (theme days/dances)  
Flashlight  
Watch  
Letter writing materials (and stamps!)  
Sunglasses  
Camera  
Water bottle and Travel Mug  
Alarm clock/radio