



MOOSEPRINTS



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SUMMER 2010

HOUSE LEAGUES RULE THIS SUMMER MANITOU UNVEILS NEW LOGO



Manitou campers love their sports, and we're all getting very excited for another summer of house league action. If you're a **Soccer** player, **Jocelyn's** return to the soccer pitch means a hyped up **World Cup** tournament that will run through the summer and rival what's happening in South Africa. Those that enjoy their football "American style" will want to make sure they get in on our expanded

Manitou Football League (MFL) season. But what would Manitou be without hockey? The **Manitou Hockey League** season is only weeks away, with live coverage coming your way on the **Moose 92.3 FM**. But you can play your part in the league by signing up for the **Junior MHL** and taking part in one of the staff league's developmental "farm team" clubs. Will you be a Slayer? Flashlight? Millionaire? Mouseketeer? You'll have to sign up and see!

FRESHKID GREEN ADVENTURES



Freshkids coming to camp this summer are about to embark on a **Green Adventure**. Unit Head **Emily** was very mysterious about what fate might hold for her campers taking part, but we were told that the Adventure would tie into many of the unit's different

evening programs such as the famous Freshkid **Murder Mystery** and some new games like **Horseshoe night** and the new "**Art Attack**." It sounds like Freshkids should be ready for some big time fun this summer, because this Adventure sounds exciting!



AEROBIC HIGHLIGHTS

Julia is expecting a summer full of beautiful sunshine and she promises the action at **Aerobics** this summer will be just as hot! She's been working on **combine circuits**, with exercises led by special guests throughout the summer. Campers will also have the chance to create and lead their own aerobics routines. But don't "sweat it" too much! After all that activity, Julia is hoping to get some **water aerobics** happening too for a bit of a cooler experience. And when all that is done, there will still be some special events focusing on a bit of relaxation with a **day at the spa**. So where do we sign up?

After 12 years, the camp Manitou "look" is getting a bit of a **facelift!** Earlier this year, we unveiled our updated logo with the launch of our new brochure package. We didn't want our many returning campers to feel left out, so here's a sneak peek at what you'll be seeing later on this summer. Expect to see more of this new look in the fall as it finds its way online to the Manitou website at www.manitoucamp.com. Until then, there's still lots to see online, so if you haven't checked in for a while, look us up before you pack your duffels for the summer.



EPIC TEMAGAMI

Many Manitou campers have had the chance to get out on a **canoe trip** before, but none have experienced anything quite like this. **Warren's** team had been pouring over maps putting together some great trips for 2010, but at the very top of the list is the launch of a **10-12 day Temagami Adventure**. Juniors, Seniors and CITs will have the chance to visit some of the most spectacular wilderness on the planet. See moose, deer, loons, otters, beavers and eagles in their natural habitats. See the brightest stars you will have ever seen. Catch your dinner where there is some of the best fishing in Ontario. From the top of the world at the summit of **Maple Mountain** to swimming at the base of **Bridal Veil Falls** you will experience the trip of a lifetime all while making Manitou history venturing out for the first time on this trek. Make sure you tell your counsellor if you're interested in signing up!

THE ELLEN SHOW IS COMING

OK Senior campers, how many of you have been spending time catching daytime television? You may be excited to hear that Unit Heads **Dalia** and **Jason** have been busy organizing a special episode of **the Ellen Show** to be onstage at Manitou this summer as a **Senior Unit** evening program exclusive. Dalia helped organize a special Ellen event as a staff rec last summer, and it was a huge hit. Expect that to be one of the many exciting events that Seniors will be taking part in at camp this summer. We know there will be plenty more!



WHAT'S UP JUNIORS? MIFF RETURNS



Unit Heads **Brad** and **Brittney** are being very mysterious about their plans for the **Junior Unit** this summer. In a recent message from the west coast, Brad insisted that the Juniors plans were "beyond awesome" and that "a mere blurb in Mooseprints simply won't do them justice." He finished by writing "no offense to your impeccable writing skills, Dickens himself couldn't pull this one off." So what does that mean to you Juniors? Your guess is as good as ours! But I think it's a safe bet that there are going to be some awesome evening programs in store for Junior even if they are being kept TOP SECRET.

Actors, directors and videographers know that MIFF stands for the **Manitou International Film Festival**. And 2010 Marks the 6th annual event and an opportunity to make that film you've always wanted to make. **Karen** has also been developing the framework of the thirteenth edition of the **Collective Feature Film**. With other special days and workshops planned throughout the summer, this is a great season to try **Video** if you've never had the chance before!

MANITOU'S SAIL ACADEMY

Sailing campers should baton down their sails and get set for an incredible summer on the water. **Aoife** has been getting plans in place for the summer ahead, and in addition to some great sailing adventures for all campers, she is also excited to do something special with our top mariners this season. We are excited to announce Manitou's new **Sailing Academy**. In the tradition of some of Manitou's other top programs, this will give campers really interested in building their skills and opportunity to work with our sail staff. You'll learn more about knots, sail theory and get out in boats to practice your skills in a race environment. Get your crew ready, because our Sail Academy campers will have the inside track on in-camp regattas and intercamp races. Which ever direction the wind blows, you will be ready for action!



SOPHOMORES: THE MUSICAL?

Our **Sophomore** campers may be in for one musical summer in 2010. Not only was girls Unit Head **Sarah** the head of our Theatre program last summer directing many musicals on stage, but boys Unit Head **Francois** also works professionally as a singer. We're certainly expecting some incredible **sing-songs** down by the campfire this summer, but we also know that Sarah and Francois are expecting to get their Sophomores up and cheering like no other unit in the dining hall and dominating those famous Manitou **Music Lunches**. We also expect to see some fantastic Sophomore cabaret nights and a few great additions to our camp-wide **Talent Shows**. So bring your voices Sophomores, and remember, even if you can't sing well, you can still sing loud!

GUITARaBUNGA: The Ultimate Challenge

Been playing guitar for years and looking for a new challenge? **Nick** has got something up his sleeve that will keep even our best strummers on their toes this summer. The 1st annual **GUITARaBUNGA** challenge at **Guitar** will feature some crazy new activities. Have you ever tried spinning in a circle 3 times before strumming out your favourite 3-chord song? How about walking backwards through an obstacle course while playing guitar? If that sounds like fun, wait until you hear about the 3-legged guitar jam race and the blindfolded guitar competition. Nick has also told us about the "**50 Years in a Day**" challenge in which campers must master a song from the 60's, 70's, 80's, 90's, and 00's to compete against others. We just can't wait to jam this summer!



CAMP MANITOU

A poem by a Manitou camper

I count down the days
until its time to leave.
I can't wait to get on the bus
before all the parents
make such a big fuss.

Overnight camp is the best
I have the time of my life.
From canoeing, water skiing and rope
I love all my friends and the cabin
there is never any time for us to mope.

There's Mark and Jeff, our Directors
And Manny the Moose, our Mascot.
All the Counsellors and the Staff
Who work really hard
So we can have fun and always laugh.

A foodie I am
and at Camp Manitou it is great.
There are salads, chicken and subs
the pasta is pretty great too
so hungry, we eat like we are cubs.

At night we have activities
with bonfires on Fridays.
We talk in the cabin until very late
we whisper when the OD walks by
waking up early is what we hate.

It is hard to leave camp
my friends and good times.
I know that next summer
I will definitely be back
waiting a whole year will really be a bummer.